

## Cyber Resilience

SSCC Online Workshop, June 11th, 2024

Center for Digital Trust

ZISC Zurich Information Security & Privacy Center



### Announcement





### Motivation



- Even the most security sensitive organizations have suffered from cyber incidents.
- Sophisticated threat actors managed to compromise IT infrastructures in ways that allowed them to stay undetected over long periods of time (Advanced Persistent Threats APTs).
- Everyday numerous security vulnerabilities are being published.



### Motivation



- New attack vectors are discovered continuously.
- Our business models strongly depend on IT.
- By dependencies, any organizations depends on IT infrastructure today.



- It seems impossible to provide a secure IT infrastructure.
- Sooner or later any organization will be affected by a cyber incident.

The New York Times

### Hundreds of Businesses, From Sweden to U.S., Affected by Cyberattack

In Sweden, a grocery chain temporarily closed its doors after the attack. Some companies have been asked for 5 million in ransom.

NYT, July '21



	ВВС
	Home News Sport Business Innovation Culture Travel Earth Video Live
Cyber-atta	cks
3 hrs ago	O-type blood donors needed after London cyber- attack
	The NHS says last week's cyber-attack means blood cannot be sorted at the same frequency.
	London
21 hrs ago	Trainees urged to help hospitals after cyber-attack
	Students are asked to act as 'floor-runners' to help London hospitals recover from a cyber- attack.
	London

#### BBC, June '24

# From Cyber Security To Cyber Resilien

### Cyber Security

- Protection of Internet-connected systems (hardware, software, and data) from cyber threats
- Protection against unauthorized access to stored data and computerized systems
- Cyber Resilience
  - Preparation for responses to attacks and vulnerabilities
  - Cybersecurity strategy and program for organizations to mitigate damage from attacks (data breaches, vulnerabilities, malware attacks, insider threats, human errors)
- Goal: Align cyber security and cyber resilience plans

### **Definitions of Cyber Resilience**



- "Cyber Resilience Engineering Framework" (MITRE technical report [1]):
  - Anticipate: maintain a state of informed preparedness in order to forestall compromises of mission/business functions from adversary attacks,
  - Withstand: continue essential mission/business functions despite successful execution of an attack by an adversary,
  - Recover: restore mission/business functions to the maximum extent possible subsequent to successful execution of an attack by an adversary, and
  - Evolve: to change missions/business functions and/or the supporting cyber capabilities, so as to minimize adverse impacts from actual or predicted adversary attacks.

### **Definitions of Cyber Resilience**



- "Cyber resiliency is the ability to anticipate, withstand, recover from, and adapt to adverse conditions, stresses, attacks, or compromises on systems that use or are enabled by cyber resources." NIST publication 800-160, Volume 2 (see [2])
- "Cyber resilience is an organization's ability to prevent, withstand and recover from cybersecurity incidents.", IBM (see [3])
- "Cyber resilience refers to an organization's ability to identify, respond, and recover swiftly from an IT security incident. Building cyber resilience includes making a risk-focused plan that assumes the business will at some point face a breach or an attack.", Cisco Systems (see [4])



## Means to Reach Cyber Resilience

- Technology
  - "Zero Trust Architectures" (see [5])
  - "Cyber Hygiene" (see [6])
  - Defense in Depth
  - ...
- Operations
  - Cyber Trainings (cyber ranges, blue/red teaming)
  - Security Operations Center (detection, incident response)
  - ...
- Organization
  - Business Continuity Management (BCM)
  - Crisis Exercises/Drills
  - ...

### Today's Speakers



- Mathias Payer: "Why fuzz about security? How automated testing saves developer time and improves security"
- Melanie Knieps: "CYRENZH On engaging students and citizens in cyber resilience"
- Nicolas Frey: "Small and Medium Organisations : paving the way for effective resilience"
- Fabien Leimgruber: "CyberPeace Builders: Partnering with Companies to Enhance Cyber Resilience in Nonprofits"
- Monica Ratte: "How can the NCSC help me increase my resilience?"

### References



- [1]: Mitre Cyber-Resilience Engineering Framework, Technical Report, Deborah Bodeau and Richard Graubart, 2011, <u>https://www.mitre.org/</u> <u>sites/default/files/media/publication/11\_4436\_2.pdf</u>
- [2]"Developing Cyber Resilient Systems, A System Security Engineering Approach", NIST Special Publication 800-160, Volume 2, 2021, <u>https://doi.org/10.6028/NIST.SP.800-160v2r1</u>
- [3]: "What is Cyber Resilience?", IBM online resource, <a href="https://www.ibm.com/topics/cyber-resilience">https://www.ibm.com/topics/cyber-resilience</a>
- [4]: "What is Cyber Resilience?", Cisco Systems online resource, <u>https://www.cisco.com/c/en/us/solutions/hybrid-work/what-is-cyber-resilience.html</u>

### References



- [5]: "Zero Trust Architecture", NIST Special Publication 800-207, 2020, <u>https://doi.org/10.6028/NIST.SP.800-207</u>
- [6]: Microsoft Defense Report 2023 (MDDR), online resource, <u>https://www.microsoft.com/en-us/security/security-insider/</u> <u>microsoft-digital-defense-report-2023</u>